

CLINICIAN DISCLOSURE – GWEN FETHEROLF

The purpose of this document is to provide you with information about Sendan Center, your rights as an individual, the course of treatment, and the team members who are providing psychotherapy to your child, your family or yourself, as well as costs and billing practices, as per WAC 246-809-710.

Information about Sendan Center:

Pacific Northwest Psychiatry, PS, is a professional services corporation, d/b/a Sendan Center, located at 4201 Meridian Street, Suite 113, Bellingham, WA 98226. Our phone number is 360.305.3275.

Information about your Rights:

As an individual, you have the right to refuse treatment and the right to choose a practitioner and treatment modality which best suits your needs. You may contact the Department of Health Customer Service Center with any questions or concerns. Phone: 360.236.4700. Address: 310 Israel Road SE, Tumwater, WA 98501. www.doh.wa.gov/HSQA

Psychiatry and psychotherapy clients, in addition, or their representatives, may file a grievance to express dissatisfaction in person, orally, or in writing about any matter other than an adverse benefit determination, as defined in WAC 182-538D-0655, to Sendan Psychiatry and Psychotherapy. Sendan Psychiatry and Psychotherapy through its internal process, is responsible to handle the person's grievances. There is no time limit to file a grievance. The ombuds may assist the person in resolving the grievance at the lowest possible level. **Grievances may be addressed to:**

Psychiatry and Psychotherapy
Sendan Center
4201 Meridian Street, Suite 113
Bellingham, WA 98226

The grievance will be handled by Sendan Center in keeping with the mandates of WAC 182-538D0654 – 182-538D-0680. **If the individual is unsatisfied with Sendan's management of the grievance, they may also file a grievance with the local BHO, or Behavioral Health Organization:**

North Sound Ombuds
Counties served: Island, San Juan, Skagit, Snohomish, Whatcom
Telephone: 1-888-336-6164 or 1-360-416-7004
VOA Crisis Line: 1-800-584-3578

Any individual may also report an alleged violation of RCW chapters 71.05, 71.12, 71.24 and 71.34, as well as WAC 246-341-0420 to the Department of Health.

Costs of Treatment are listed below:

Evaluation:	\$180
30 minutes	\$100
31-52 minutes:	\$120
53+ minutes:	\$150

You are responsible for any costs that are not reimbursed by your insurance company and are responsible for calling your insurance company prior to treatment to identify what is and isn't covered under your insurance plan.

Name of Clinician: **Gwendolyn Fetherolf, LMHCA (she/her/hers)**

Clinician's Licensure #: MC6165256

Supervisors' name and Licensure #s:

- Kacey Alleman Bradt, MSW, LICSW LIC: LW60248032
- Sara White, PhD, BCBA-D LIC: PY60169605
- James Harle, MD LIC: MD00039758
- Grace Miller-Tran, MSW, LICSW LIC: LW61075898

Clinician's Education and Training:

Master's of Education: School Counseling, Western Washington University, 2022

Bachelor of Arts: Education; The Evergreen State College, 2012

Sendan Center, Mental Health Therapist, 2024-current

- Work with children, adolescents, and family systems

School Counselor- Bellingham and Mount Vernon School Districts, 2021-2023

- Provided individual and group counseling to adolescents from diverse backgrounds
- Coordinated crisis prevention strategies and mental health crisis assessments and conducted postvention safety plans
- Collaborated with families for student academic success and emotional wellbeing

Counseling Practicum, Western Washington University Counseling Clinic, 2020-2022

- Conducted individual counseling sessions for clients on issues of anxiety management, emotion regulation, grief and loss, childhood trauma, family conflict, and body image and self-esteem issues.

Teacher and School Leadership Team, Cascades Montessori Middle School, 2012-2020


- Created and implemented curriculum for large and small groups of students ages 12-14
- Designed and administered assessments for social, emotional, and academic growth
- Facilitated group discussions on peer relationships, interpersonal skills, and identity formation

Clinician's Methodology and/or Types of Therapy:

Gwen aims to provide a safe, supportive, and collaborative environment for all of her clients to foster emotional well-being. Gwen works from a person-centered approach, and has graduate level training in emotionally focused therapy, cognitive behavioral therapy, dialectical behavior therapy, motivational interviewing, and mindful-based stress reduction.

SENDAN CENTER

excellence in child & adolescent
mental and behavioral health



4201 Meridian Street, Suite 113

Bellingham, WA 98226

www.SendanCenter.com

p 360.305.3275

f 360.734.5503

Counselors practicing counseling for a fee must be registered or certified by the Department of Health for the protection of public health and safety. Registration of an individual with the Department does not include recognition of any practice standards, nor necessarily imply the effectiveness of any treatment.

Patient Name: _____

Client or Guardian Signature: _____ Date Signed: _____

Client or Guardian printed name: _____

I, the client, or the client's representative, have been provided the Sendan Center Psychiatry and Psychotherapy Clinician Disclosure Statement, and I have read and understood the information provided. I understand that I can always contact Sendan Center with any questions or concerns.

I request a copy of this signed form.

I decline a copy of this form.

Clinician Signature: _____ Date Signed: _____
cc. medical records